'Lil Abner at ACHS

Seniors present play

The senior class of Appomattox County High School will present LI'L ABNER on March 23 & 24 at 8:00 p.m.

The musical, based on characters created by Al Capp, features the hilarious exploits of the citizens of Dogpatch. The story develops as they try to save their beloved village from being used as a testing ground for nuclear weapon.

Watch next week's **Times-Virginian** for more information about LI'L ABNER.

Bread making

[Continued from Page 4]

crumbling it and if it crumbles readily, it is still good.

It is very difficult to find the compressed yeast cakes because of its perishability.

FLOUR

This ingredient provides the structure and hardiness of bread. Many kinds of flour, even ground acorns, have been kneaded into loaves over the long history of bread making. For yeast breads, at least part of the flour must be wheat flour which contains a curious protein called "gluten." When wheat flour is moistened and beatened, the gluten becomes very elastic, allowing the dough to stretch as the yeast leavens it and gives the loaf enough strength to keep its shape when baked. Rye flour is also glutenous, though less so than wheat, which is why we usually combine with whole wheat flour or all purpose flour.

The amount of flour needed in any recipe on any given day will vary accordingly to minute factors of moisture in the flour, as well as the temperature and humidity of the air. So measure a little more than you probably need and learn to recognize when the dough looks, feels and acts right at each stage.

To measure flour accurately, stir it a bit in the container. Spoon lightly into the cup designed for measuring dry ingredients and then level off with a straight edge knife. In bread making, there is no need to sift flour. On the other hand, you should never pack it in a cup or shake it down.

Some types of flour are:

ALL PURPOSE FLOUR: Most all purpose flour has plenty of the proteins which form gluten and enough starch. All purpose flour and bread flour make a light bread with good volume, even texture and medium grain.

WHOLE WHEAT FLOUR: Bread made only with whole wheat flour will be lower in volume, coarser and heavier. Why? The proportion of gluten-forming proteins and of the starch in whole wheat flour is less than white flour.

There is also a chemical called Glutathione in whole wheat flour that interfers with the development of gluten. This is not a problem in white flour because the chemical is in the germ of the wheat. The germ is removed during the processing of white flour.

You may like the heavier bread made with whole wheat flour or you may prefer to mix whole wheat flour and all purpose flour for a somewhat lighter bread.

RYE FLOUR: Rye flour has similar proteins to those in all purpose flour. However, rye doughs don't hold together as well and are not as strong. Rye flour has a gummy substance as part of its carbohydrates. It makes rye dough sticky and interfers with gluten development. A lot of carbon dioxide gas is lost to the air and does not serve to make the bread rise. Rye bread will be lower in volume and heavier than white bread. You may prefer to mix white and rye flours.

RICE FLOUR: Rice flour has no gluten. Breads made with rice flour tend to be crumbly. Rice flour is used in pancake mixes and by people who are allergic to wheat. Many people are allergic to the gluten in wheat flours.

SOY FLOUR: Soy flour is higher in proteins than white flour, but these are not the proteins which form gluten, so little gluten is developed in a loaf made only with soy flour. Soy flour is also low in starch. Soy bread is very heavy, compact and really unsatisfactory. Be sure to mix soy flour with all purpose flour when baking.

CAKE FLOUR: Cake flour comes form softer wheat and has fewer gluten forming proteins. Never use cake flour to bake bread. (Cake flour used to be easily found on the market, but is not as much used now because of the high quality of all purpose flour.)

If you have a homemaking question or problem, you may call 352-8244 or write P.O. Box 488, Appomattox, VA 24522.

Have a good week!

RECIPE OF THE WEEK

English Muffin Loaves

(Makes 2 loaves)

2 packages active dry yeast
6 cups unsifted flour
1 tablespoon sugar
2 teaspoons salt
2 cups milk
1/4 teaspoon baking soda
1/2 cup water
Cornmeal

Combine 3 cups flour, yeast, sugar, salt and soda. Heat liquids until very warm (120° - 130°F.) Add to dry mixture; beat well. Stir in rest of flour to make a stiff batter. Sppon into two 8 1/2 x 4 1/2 inch pans that have been greased and sprinkled with cornmeal. Sprinkle tops with cornmeal. Cover; let rise in warm place for 45 minutes. Bake at 400°F. for 25 minutes. Remove from pans immediately and cool.

Times-Virginian SCHOOLS

WINNERS IN THE 4-H Public Speaking Contest: (From left) kneeling - Rodney Thompson, Ginny Sweet, David Wilbun; second row - Greg Totty, Nathan Gregory, Katina McCoy; back row - Mr. Bill Hunter, Farmers National Bank, Sharla Kvasnicka, Rhonda Ranson, Tiffany Royal, Jeannice Bartlet.

4-H'ers hold public speaking program

The annual Appomattox 4-H Public Speaking program was held on Tuesday, Feb. 28, at Appomattox Elementry School.

Participants in the County 4-H speaking program were selected from 130 young people who presented speeches over the past month. More than 300 speakers, parents, and friends attended the final event.

Special trophies and ribbon awards for 4-H Public Speaking were provided by Farmers National Bank. Mr. William A. Hunter, president of Farmers National presented trophies to the top winners of each of the five grade levels.

Top overall winners in this year's program and their speech subjects were as follows:

Fourth grade: David Wilbun "Are You a Vid Kid?" and Ginny Sweet "Monticello";

Fifth grade: Katina McCoy "4-H Camp" and Rodney Thompson "Thousands Trails";

Sixth grade: Nathan Gregory "Money Management" and Greg Totty "My First Tournament";

Seventh and eighth grade: Sharla Kvasnicka "Easter Traditions" and Rhonda Ranson "Your Future-Daring to Determine Your Own";

Senior Division: Tiffany Royal "Captain Kidd-Pirate or Victim" and Jeannice Bartelt "The Insanity Plea."

Other participants in this year's county 4-H Speaking Program include:

Forth grade: Tanya Brochard, Wesley Burford, Alphonse Cestaro, Stephanie Coleman, Neil DeWitte, Jennifer Foltz, Wendy Glover, Mary Beth Hix, Susan House, Amena Johnson, Allison Lawson, Tina Martin, Beth Mitchell, Matthew Montgomery, Amy Muller, Katie Powell, Brent Roechins, Chantel Sauls, Janice Scott, Jessica Southern, Chris Tompson.

Fifth grade: Gary Broggin, Jennifer Carnefix, Jason Carter, Susan Doss, Johathan Edwards, Kim Forrest, Robin Fuller, Tracy Guthrie, Steve Lann, Kerri McFadden, Amy Slade, Stacy Staten, Jennifer White, Roxanne Williams, John Wilson.

Sixth grade: Joyce Bailey, Heather Bryan, Becky Caldwell, Brian Canada, Timmy Carrico, David Ferguson, Loliza Forrest, Jeff Gafford, Sherry Hackney, Nikki Jackson, Janet Jamerson, Diron Martin, Mary Helen McLaughlin, Melanie Megginson, Lewis Mitchell, Dean Nash, Jennifer Notestein, Chad Page, Lashonda Parker, Glenda Petty, Nicole Preston, Kelly Purcell, Lori Ranson, Patricia Richardson, Florence Robinson, Beth Scott, Terri Spiggle, Tammie Starner, Brett Stratton, Angela Thompson, Reggie Turner, Cindy Weaver, Matt Wilbun, and Latisha Wotten.

Seventh and eighth grade: Beverly Carter, Robert Coleman, April Hackney, Beth Marston, Kim Muller, Cheryl Simpson.

Announcers for the program were: Latrese Lee, Anne Hancock, Ada Hunter, JoAnna Layne, Martha Haley, Brett Marston, and Bob Poole.

Special appreciation is extended to the many parents who supported their children in 4-H speaking and especially to the many teachers at AES who encouraged and assisted their students with speeches.

Six months at sea

Notestein completes training

Midshipman Timothy Dwight Notestein of Route 2, Appomattox recently returned to the U.S. Merchant Marine Academy, Kings Point, N.Y. where he is a student, after a six-month training period at sea.

Midshipman Notestein sailed on a variety of U.S.-flag merchant vessels in an Academy work-study program designed to provide our nation's future merchant marine officers with shipboard experience. Among the countries he visited were Greece, Egypt, Republic of South Africa, Kenya, Mozambique, and the Mauritus Islands.

A graduate of Appomattox County High School, Midshipman Notestein worked a full eight-hour day aboard ship in the Engineering department and was required to complete an Academy sea project after working hours.

The Academy, operated by the Maritime Administration of the U.S. Department of Transportation, offers an accredited four-year program leading to a merchant marine license, a Naval Reserve commission, and a bachelor of science degree.

CVCC plans program for students, grade 6 - 9

From July 9 to Aug. 2, Central Virginia Community College will conduct its afternoon "Pathfinders' College" for 75 rising sixth-through-ninth-grade students.

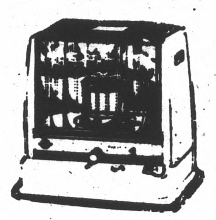
For the third year, CVCC has reinforced their excitement for learning by helping highly-motivated students to explore aspects of the arts, sciences, and technology. This year, new and returning Pathfinders will select 3 perferences from courses in the arts, English, physical science, foreign language, and computer science.

In addition, students will have regular opportunities to gather and meet special guest or participate in special activities reflecting this year's theme, "Opening New Doors in 1984."

The activity will be coordinated by Cheryl Lindeman, assisted by Susan Sanders and Thelma Chow.

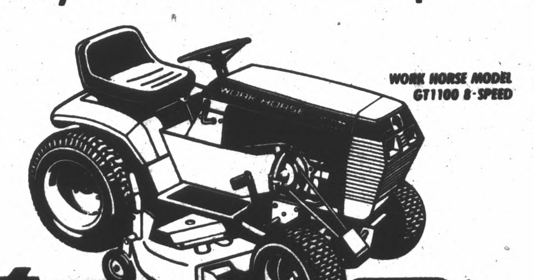
Tuition for "Pathfinders' College" is $95.00. Enrollment is limited to 75 students on a first-come, first-served basis.

Applications will be sent out by request after May 15. For additional information, call the Division of Extended Learning at CVCC, 239-0321, ext. 210.



KERO-SUN®
Close Out Specials
All Models
Greatly Reduced!
J. E. SEARS & CO., INC.
Phone 352-7138
"EVERYTHING TO BUILD ANYTHING"

Quality. At an affordable price.



$1699*

There is only one leader... Wheel Horse. Shop around and compare. You won't find a better value in lawn and garden tractors, anywhere.

- 11-horsepower, Synchro-balanced® horizontal shaft Briggs & Stratton engine provides smooth, dependable power.
- Exclusive Uni-Drive® all-gear transaxle for years of service.
- Tach-a-matic® hitch system for fast and easy attachment installation, without tools.
- Wide range of optional attachments allowing year-round usage.

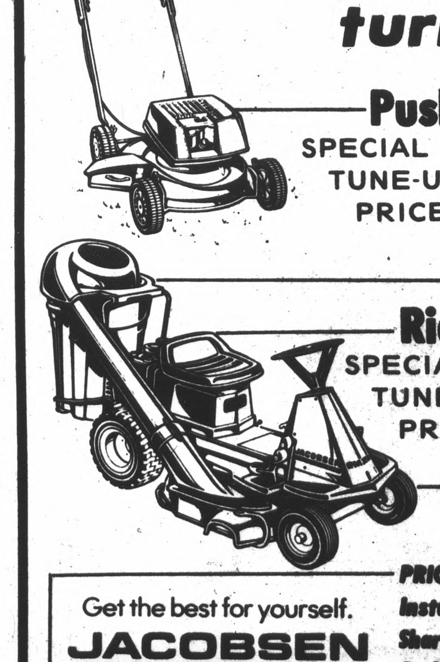
"Since I've been selling and servicing Wheel Horse tractors, this is the best value from Wheel Horse I've ever seen."

C. Lewis McDearmon, Jr.
Macs Lawn & Garden Equipment
Route 3, Appomattox, VA 24522
804-352-5757

WORK HORSE by Wheel Horse

*Base price for tractor only. Mowers and other attachments optional — available at participating Wheel Horse dealers only. Freight, dealer prep, delivery, state and local tax not included.

Tune-Up
Before the grass turns green



Push Mowers
SPECIAL TUNE-UP PRICE $15
Thru April 15th

Riding Mowers
SPECIAL TUNE-UP PRICE $20
Thru April 15th

Get the best for yourself.
JACOBSEN HOMELITE

PRICE INCLUDES: Change Oil, Install New Spark Plugs, Sharpening Blade, Adjust Carburetor, Clean Air Filter, Additional Parts and Labor Extra. Price Does Not Include Pick Up Or Delivery Charge.

Pearson & White
Small Engine Repairs & Sales
352-8818
Hours: Mon.-Fri. - 8-5
Sat. - 8-12

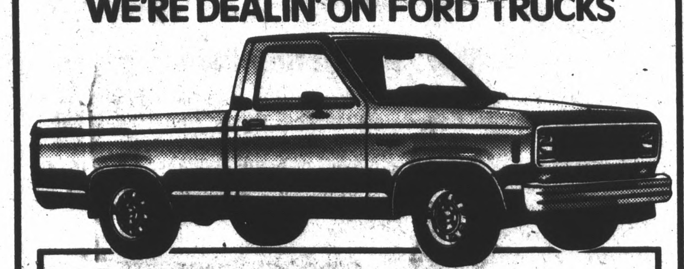
LAWSON FORD
RECORD BREAKING SALE
WE'VE BEEN CHALLENGED
by Ford Motor Co. to break our all time March Sales Record and we've accepted!

1984 TEMPO #2714
ONLY $178.35 Per Month
48 Months - $1000.00 Cash or Trade Down - Note $8560.00
APR 13.10 Includes Title Tax
$7299.00

WE'RE DEALIN' ON ESCORTS & TEMPOS

1984 ESCORT 2 Door - #2703
ONLY $150.19 Per Month
48 Months - $1000.00 Cash or Trade Down - Note $7209.12
APR 13.10 Includes Title Tax
$6299.00

WE'RE DEALIN' ON FORD TRUCKS



1984 RANGER PICKUP 4 x 4 #3033
ONLY $226.11 Per Month
48 Months - $1000 Cash or Trade Down. Note $10853.28
APR 13.10 Includes Title Tax
$8995.00

LAWSON FORD INC.
Route 460 West - Appomattox, Va. - Phone 352-8221
Dealer License No. 2

Bulldogs defeat Raiders, 64-53

The Martinsville Bulldogs eliminated Appomattox from the Region III basketball tournament last Thursday night, in a 64-53 Martinsville victory.

The Bulldogs went on to defeat Gretna in the finals of the Region III tournament, and advance to the state tournament.

The Raiders played Martinsville close in the first half of Thursday night's game, but a Bulldog press in the third quarter forced some Appomattox turnovers that allowed Martinsville to pull away in the final minutes of the game.

The Raiders led 11-8 at the end of the first quarter, but Martinsville held a one-point advantage, 26-25, at the end of the first half.

Early in the third quarter, Martinsville put their full-court press on, and that's when the Bulldogs began to take control. Martinsville held a 44-31 lead at the end of the third quarter, and even though the Raiders adjusted and outscored Martinsville 22-20 in the final period, the Bulldog lead was too much to overcome, and Martinsville iced the game, 64-53.

Gary Ferguson and Ricky Miller scored in double fingures for the Raiders, with 14 and 13 points, respectively. Mike Jackson scored nine points, Bobby Carter scored six, Tyrone Abbitt scored six, Todd Scruggs scored three, and Tim Austin scored two points for Appomattox.

The Raiders finished their season with a 15-9 record, 15-6 in the Seminole District.

"I'm very proud of the kids and the way they performed this season," commented Raider Coach Coty Dickerson this week. "They turned the season around from 5-6 at midseason to 15-9 overall."

"They're a dedicated bunch of kids," the coach continued. "They gave it all they had, and it was because of that effort that we made it to the regionals for the second year in a row."

Dickerson pointed to the leadership of captains Bobby Carter and Gary Ferguson as major reasons for the Raiders' success this year. "And Ricky Miller was as consistent a player this season as any player I've ever had here," the coach commented.

Dickerson also said "Mike Jackson turned into a very good big man, a good shot blocker and inside player."

Guards Tim Austin and Tyrone Abbitt "contributed a lot to the team with their quickness and agility," Dickerson added. "They complimented Gary (Ferguson) very well. And Todd Scruggs, who has played two years, did a good job filling in all season," the coach added.

"Kinkle Robinson, Freddie Lawson, and Tom Cobb were a great asset to the team also," Dickerson added. "They kept things going during practice and were valuable in a number of ways, even though they might not have played as much as some of the other boys," the coach noted.

"It was a pleasure to coach this group of kids," Dickerson concluded. "They had a good attitude to the game, they were easy to coach, and they played with heart. I'm proud to have been associated with this group of athletes."

Basketball team ends another good season

The Raider varsity basketball team outscored their opponents 1309-1210 this season, for a game average of 54.5 points, compared with a 50.4 average for Appomattox's opponents.

Ricky Miller, with 292 points (12.2 average per game) was the leading individual scorer. He was followed by Gary Ferguson, with 270 points (11.3 average); Mike Jackson 136 points (5.9 average); Timmy Austin, 108 points (4.9 average); and Todd Scruggs, 54 points (2.3 average).

Miller also led the team in rebounds, with 276 for the season. Mike Jackson had 204 rebounds, and Bobby Carter had 152 rebounds for Appomattox.

Guards Gary Ferguson and Timmy Austin led the team in assists, with 132 and 60 respectively. Ferguson also led the team in steals, with 48, and big man Mike Jackson, a very quick player for his size, had 26 steals for Appomattox.

Jackson led the team in blocked shots, with 42. Ricky Miller had 24 blocked shots, and Bobby Carter had 18 for the Raiders.

Timmy Austin was the team's leading foul shooter, with a 72.4 percent performance record. Bobby Carter had a 66.1 percent freethrow average, and Mike Jackson shot 62.7 percent from the foul line.

The Raiders, with a 15-9 record (15-6 in the district) made the Region III tournament for the second consecutive year in 1984. Coach Coty Dickerson, who completes his fourth year at the helm of the varsity hoop squad, has compiled a 52-39 record, including a [illegible] record the last three years.

"We had some big moments this season," commented Dickerson this week. "We beat Nelson County at home for the first time in 11 years, and we beat Altavista at Altavista. We also came back from two regular-season losses to Buckingham and beat them in the district tournament."

"We had good support from the fans all season, especially in the tournaments," Dickerson said. "I'm grateful for that, and I'm grateful for the help we got from Coaches Pettyjohn, Archer, Hudson and Clabough."

"It's been a rewarding season," the coach concluded. "Naturally, we're disappointed that we didn't win it, but we were in there, and we gave it a good shot."

RAIDER TYRONE ABBITT sails in toward the Martinsville basket, as a Bulldog defends, in last Thursday night's Region III tournament game. The Bulldogs prevailed in the contest, and went on to win the regional tournament for the sixth time. (Photo by Jeff Spitzer)

Group seeks additional tennis courts in county

By FRANCES ABBITT

Jeanne Clabough and Fred (Bookie) Johnson, representing the Appomattox Recreational Advisory Committee, appeared before the Appomattox County School Board last Wednesday to explain the need for additional tennis courts at Appomattox County High School. The courts are needed to serve not only the physical education classes and school teams, but private citizens as well.

Clabough said the Board of Supervisors had been approached and said consideration would be given to the alloeation of funds for the project if the request came from the school board.

The approximate cost of each of the three proposed courts would be between $15,000 and $20,000 with another $10,000 for lights. The renovation would include applying a two-color coating on the existing courts at a eost of approximately $5,000.

Lloyd Walton, superintendent of the Appomattox County School Division emphasized the student discipline in the county schools is being given special consideration.

"Student discipline is of the utmost concern to me and to the entire school board," he said. "We will not tolerate students who are disruptive. We will work with students, teachers and parents in dealing with problems in the area of discipline," he added.

With parents and students expressing an interest in Latin, Walton said, "We are making an effort to acquire a Latin teacher."

Introducing
Ariens
Rear Tine Tillers
NOW IN STOCK

Pearson & White
Small Engine Repairs & Sales
352-8818
Hours: Mon.-Fri. - 8-5
Sat. - 8-12

SAVE UP TO $59
Choose from these Free Options, worth up to $59, with your Gold Lance Class Ring purchase:

Plus a Free Graduation Key Chain
For Classes of '84-'87 with Gold Lance class ring purchase
Gold Lance Class Rings · A Quality Towle Product
2-4 Week Delivery · Full Lifetime Warranty
GAINES' JEWELER
20 MAIN ST. — APPOMATTOX
PHONE 352-7293
CLIP THIS AD AND BRING TO OUR STORE BY MAY 31, 1984 TO QUALIFY.

Times-Virginian SPORTS

Harding excels in trade

Robert Harding, a 1980 graduate of Appomattox County High School, is a three-year letterman and tri-captain of the Lynchburg College track team.

Harding recently gained All-Old Dominion Athletic Conference honors after running a leg on the 400- and 1600-meter relay teams in the conference meet.

During the regular season, he also helped establish a school record of 1:36.5 in the 880 relay.

Baseball registration underway

With Spring fast approaching, plans are underway for the 1984 Dixie Youth Baseball program, which will be conducted again this year at the recently improved Appomattox Town Ball Park.

Three leagues are offered for male and female athletes this season: Boys (ages 13 and 14); Pre-Majors (ages 15 and 16), and Majors (ages 17 and 18).

Registration is being conducted at Best Furniture Company, on Highway 460 east of the town of Appomattox, anytime during store hours. The registration fee is $8.

Athletes are asked to sign-up as soon as possible. There will be more games this year, so the season will begin sooner.

Athletes who played last year and still have their uniforms are asked to bring the uniforms with them when they come to register for this season.

For additional information on the baseball program, call Bookie Johnson at 352-7721.

RAIDER RICKY MILLER, the leading scorer on this year's Raider varsity basketball team, was named to the All-Region III basketball team last week. Miller scored 292 points during the season and led the team in rebounds, with 276 total. In addition to All-Region III, Miller has also received all-district honors this year. (Photo by Jeff Spitzer)

Jackson makes dean's list

Roselyn Jackson of Pamplin has been named to the dean's list at St. Paul's College in Lawrenceville, Va.

The dean's list at St. Paul's recognizes students with a grade-point average of 3.0 or more on a scale of 4.0. There were 130 students on the dean's list at St. Paul's during the fall semester of the current academic year.

St. Paul's College is a growing liberal arts institution with ties to the Episcopal church. It is a four-year, co-educational college.

Jackson receives honorable mention

In last week's **Times-Virginian**, Mike Jackson was inadvertantly omitted from the list of players who received recognition in voting for the All-Seminole District basketball team.

Jackson received honorable mention in the polling. He was the third highest Raider scorer this season, with 249 points. He also had 204 rebounds, and 42 blocked shots.

Trent completes training

Marine Pvt. Ronnie A. Trent, son of Richard D. and Mary F. Trent of Route 2, Concord, Va., had completed recruit training at the Marine Corps Recruit Depot, Parris Island, S.C.

During the 11-week training cycle, he learned the basics of battlefield survival. He was introduced to the typical daily routine that he will experience during his enlistment and studied the personal and professional standards traditionally exhibited by Marines.

He participated in an active physical conditioning program and gained proficiency in a variety of military skills, including first aid, rifle marksmanship, and close-order drill. Teamwork and self-discipline were emphasized throughout the training cycle.

Keep up with local sports--
Read The Times-Virginian

Try the classifieds....
You'll like it!

CONVERSE
The Official Athletic Shoe of the 1984 Olympic Games

DISCOUNT PRICE $17.97
Retail $24.95
DISCOUNT PRICE $16.97
Retail $23.95
LOW PRICE EVERY DAY
MARSHALL'S DEPT. STORE
MAIN ST. APPOMATTOX, VA.

Appomattox County

NOTICE OF MASS MEETING

DATE/TIME: March 26, 1984, 7:30 P.M.

PLACE: Courtroom in Appomattox County Courthouse, Court Street, Appomattox.

PURPOSE: The purpose of the mass meeting is to elect delegates and alternates to both the Democratic State Convention and to the Fifth District Convention, both to be held beginning on May 18, 1984 and continuing through the close of business on May 19, 1984.

Mass meeting participants will select delegates and alternates based upon their preference for a specific presidential candidate or for uncommitted delegates.

The State Convention will be held for the purpose of electing delegates and alternates to the Democratic National Convention held the week of July 16-20, 1984, in San Francisco, CA, and for nominating a candidate for the U.S. Senate.

The District Convention will be held for the purpose of selecting delegates, and alternates to the Democratic National Convention and for electing a Presidential Elector.

Doors will open for the mass meeting at 7:10 P.M. and doors will close for the beginning of the mass meeting at 7:30 P.M.

Persons participating in the mass meeting must be registered to vote, or, if not yet 18 years of age, must be otherwise eligible to register to vote and be 18 year of age by November 6, 1984. Participants must sign a standardized declaration pledging support for demoncratic nominees, in accordance with the Virginia Party Plan.

Persons wishing to pre-file to run as delegate to the district and state conventions must obtain the necessary forms from the persons below and return them completed by mail, carrier, or in person by 5 P.M. on March 19, 1984 to

Watkins M. Abbitt Jr.
106 Court Street
Appomattox, Va. 24522

OR

Harry G. Lawson
Courtland Office Bldg.
Court Street
Appomattox, Va. 24522

Paid for and authorized by the Appomattox County Democratic Committee

MAR